



Ellen Sternau's Corn Muffins:

1 Cup Sugar
1/2 tsp Salt
4 Eggs
12 oz Bread Flour
5 oz Cornmeal
1 oz Baking Powder
1 1/4 Cup Water
1/2 tsp Vanilla extract
3/4 Cup Vegetable oil

Pre-heat oven to 350 degrees

Mix wet ingredients first; Then, separately, mix dry. Then mix them together.

Spray muffin cups with Pam (or similar)

Fill each cup about 3/4 of the way

Cook time should be about 15 – 20 minutes. Check a few minutes prior.

Muffins are finished when they spring back from light touch.